



# Take charge of your health



Decision Support helps empower you to make informed choices about care and treatment options.

Wasteful spending makes up 30% of health care costs,<sup>1</sup> dramatically affecting health outcomes and overall medical spending. With Decision Support, you have access to evidence-based information and guidance, helping make it easier to avoid unnecessary care and unnecessary medical costs.

## When you enroll in Treatment Decision Support, you'll work with an experienced registered nurse who can:

- Provide information and resources to help you make more informed decisions about your care
- Explore your treatment options and potential care paths
- Find a network UnitedHealth Premium® provider or specialist and schedule your appointment
- Help you understand your benefits so you can feel comfortable that you're making the best decision for you

## Decision Support delivers results<sup>2</sup>

**80%** felt the information they received was communicated in an easy-to-understand way

**79%** felt all of their questions were answered

**89%** overall program satisfaction

**83%** felt the nurse was compassionate



Call **1-866-679-0946**, TTY 711

United  
Healthcare



<sup>1</sup> Harvard School of Public Health. Reducing wasteful health care spending begs the question, what is waste? [hsph.harvard.edu/news/features/reducing-wasteful-health-care-spending/](https://hsph.harvard.edu/news/features/reducing-wasteful-health-care-spending/). Accessed March 2023.

<sup>2</sup> NPS® and Consumer Experience: Decision Support 2018

Decision Support nurses cannot diagnose problems or recommend specific treatment. They are not a substitute for a doctor's care. This service should not be used for emergency or urgent care situations.

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