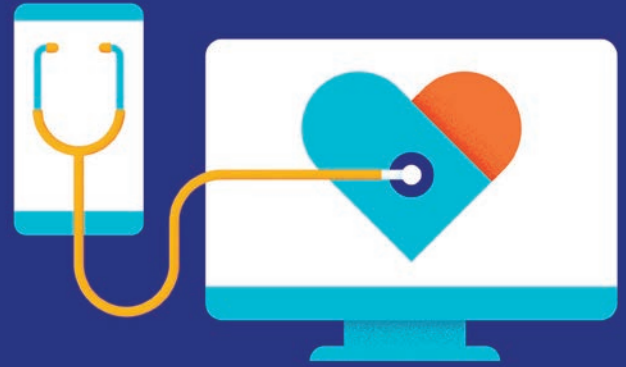




# Access support for a healthier lifestyle — anytime, anywhere



With the Rally® app, personalized health recommendations are at your fingertips.

## Start building healthy habits with help from Rally

Get the Rally app, where you can take charge of your health with a simplified experience. Use a single dashboard to track all your health activities, rewards, personalized recommendations and more. You can even sync your favorite activity tracker.

### It's all on the app



#### See your health profile

Take a health survey to see where you may be today in areas like nutrition, fitness and stress level.



#### Focus on your goals

Choose areas to focus on, set goals and track your progress. You'll get recommendations to help you build healthier habits, too.



#### Earn Rally rewards

You can earn Rally Coins—and redeem them for a variety of rewards.

## Download the Rally app and register using code BeWell



United  
Healthcare

RALLY®

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